

BLEPHAROPLASTY (Eyelid Surgery)

Your eyes are often the first thing people notice about you and are an important aspect of your overall appearance. As we age, the tone and shape of our eyelids can loosen and sag. Heredity and sun exposure also contribute to this process. This excess, puffy or lax skin can make you appear more tired or older than you are. Eyelid surgery or blepharoplasty (pronounced "blef-a-ro-plasty") can give the eyes a more youthful look by removing excess skin, bulging fat, and lax muscle from the upper or lower eyelids. If the sagging upper eyelid skin obstructs peripheral vision, blepharoplasty can eliminate the obstruction and expand the visual field.

Upper Blepharoplasty

For the upper eyelids, excess skin and fat are removed through an incision hidden in the natural eyelid crease. If the lid is droopy, the muscle that raises the upper lid can be tightened. The incision is then closed with fine sutures.



Lower Blepharoplasty

Fat in the lower eyelids can be removed or repositioned through an incision hidden on the inner surface of the eyelid. If there is excessive skin in the lower lid, the incision is made just below the lashes. Fat can be removed or repositioned through this incision, and the excess skin removed. The incision is then closed with fine sutures.

Ophthalmic Plastic Surgeons vs. Cosmetic Eyelid Surgeons

Dr. Lothes is an ophthalmic plastic surgeon, a specialist in ophthalmology who has received additional training in performing plastic surgery as it relates to the eyes and their complementary structures. He is board certified by the American Board of Ophthalmology and undergone rigorous training in the specialty of facial plastic surgery specifically involving the eye. Specialized training in both ophthalmology and blepharoplasty makes Dr. Lothes the ideal doctor for such procedures.

While you may expect a cosmetic eye surgeon to be a graduate of an accredited medical school and have additional, rigorous training in the field of cosmetic and/or reconstructive surgery, their training often stops short of any extensive ophthalmic knowledge. A typical cosmetic eye surgeon is not board certified by the American Board of Ophthalmology as is an ophthalmic plastic surgeon.

The human eye is an extremely complicated structure. Choosing the right physician for your procedure is an important consideration. A professional ophthalmologist trained in plastic surgery has the necessary familiarity with the eye and its related structures. A plastic surgeon, though trained as a medical doctor, may not possess the additional ophthalmic knowledge to make him the ideal choice.

To obtain additional information about Blepharoplasty or to have an evaluation/consultation performed, please call Dr. Lothes at (614) 841-9300